

World Mental Health Day

世界精神衛生日

Discover how eating healthy can benefit your mental health.

Visit our booth to find out more!

FLASH MOB GIVEAWAY

Date: 10 OCT 2025 (Fri)

Time: 11:30-17:30

Venue: 5/F Lobby

Share with us and get a prize!

Knitted
vegetable toy

Nourish Your Body. Empower Your Mind!

Vegetable chips